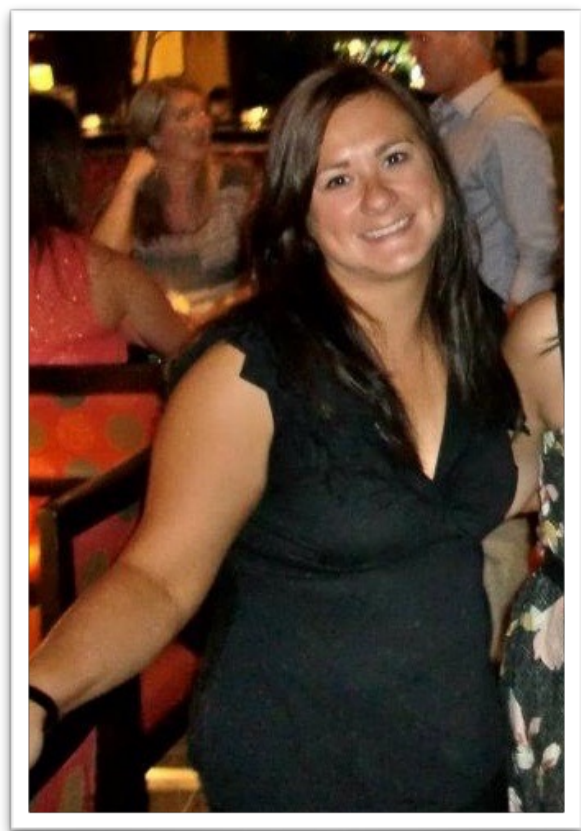


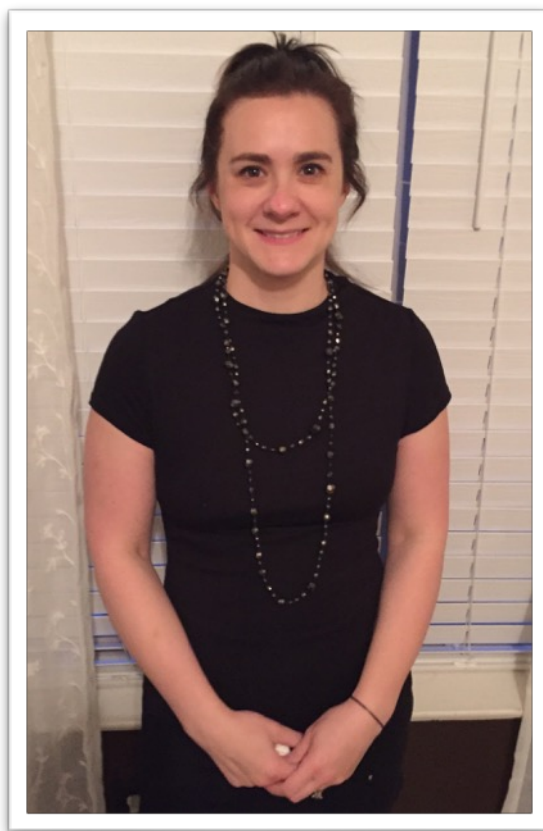


## Joelle Maxwell

I have been a client of Kim's for 4 years now. When I first hired her I had absolutely no interest in exercising but I knew I needed a significant change in my health and lifestyle. She helped me transform not only physically but mentally into such a strong person. I can't thank her enough for everything she has done for me. She is not only my personal trainer but someone I can truly call a friend. I look forward to my workouts with her every week.



Before



After